



PARTNERSHIPS FOR GLOBAL HEALTH



THET ETHIOPIA STRATEGIC PLAN 2017-2021

VISION

A world where everyone has access to healthcare.

MISSION

Working in partnership to support health workers across the world.

THET IN ETHIOPIA

Ethiopia is facing a double burden of communicable (CDs) and non-communicable diseases (NCDs). Whilst deaths from CDs decline, mortality and disability caused by NCDs such as diabetes, hypertension and epilepsy continue to rise.

Our work in Ethiopia began in the early 1990s as a result of requests from the Director of the former Jimma Institute of Health Sciences (now Jimma University) and the Dean of the Gondar Medical School to develop the skills of their young specialist doctors.

Strong partnerships were then promoted by THET between the Nottingham City Hospital and Jimma, and University of Leicester and Gondor.

As NCD prevalence increased it was noticed there was a concentration

of resources at central hospitals, leaving those in poor, rural areas under-served. THET and its partners therefore began decentralising NCD care, training nurses and health extension workers (HEWs) to provide NCD care in rural health centres. As a result Jimma and Gondar are now centres of excellence for decentralised care.

The programme has now being adopted by the Federal Ministry of Health (FMOH) as its policy for NCDs management.

There are now over 7,700 diabetic, hypertensive, epileptic, rheumatic heart disease and chronic respiratory disease patients registered at 17 health centres around Jimma and Gondar.

Due to the scale of the NCD burden in rural Ethiopia, our 2017-2021 goals promote the expansion of decentralised NCD care, with a view to achieving the following strategic priorities in the next 5 years.

STRATEGIC PRIORITIES TO 2021

Our impact goals

1. Redouble our efforts to train and support health workers

Nurses and health officers will be trained in NCD management and more HEWs will receive training to raise awareness and refer NCD patients in their communities to health centres.

We will adopt a holistic approach to improve the quality of our programme by ensuring that it is more grounded in the community, working in collaboration with the church and local Patients' Associations.

We will collaborate with digital health partners to develop data collection and analysis tools, providing reports to inform our operations and growth.

By 2021 we aim to attain enough capacity to have registered at least 40,000 NCD patients at health centres across the Jimma and Gondar regions.

2. Partner with the government to strengthen Ethiopian health system

We will work with the FMOH to achieve further rollout of decentralised NCD care to at least four additional hospitals and their associated health centres in Jimma and Gondar, as well as expanding operations into at least two further regions.

The THET Ethiopia NCD Alliance (THENA) was created in 2016 in recognition of the diverse organisations and institutions that are working together to achieve the same mission and vision: to work in partnership to develop sustainable NCD services for the rural poor of Ethiopia.

Our NCD programme is holistic and is always expanding as we improve our model. Our two main areas of work are service delivery and research.

Service Delivery

We develop the capacity of nurses in rural health centres to diagnose, treat and care for NCD patients, and of health extension workers to raise awareness and refer members of the community in the surrounding areas to these services. By doing so, we are decentralising care away from the university hospitals that are too far away for rural patients to access without great cost.

Research

The research that we undertake is crucial as it allows us to understand the context in which NCDs have become prevalent in rural Ethiopian communities, as well as how these diseases impact on their lives. We develop the capacity of the universities to lead research related to NCDs and we publish our work in scientific journals.

Our enabling goals

1. Forge strong country bonds to increase programme quality

By 2021 we want to have maintained our close relationship with the NCD department at the FMoH and to have established strong links with at least one other department, e.g. the palliative care department. We also aim to have established new partnerships with at least 4 primary hospitals in Jimma and Gondar (2 in each region), as well as with at least 2 hospitals in other regions of the country. Additionally we aim to be a valued partner to at least one NGO in the country that has a similar vision to THET.

2. Champion the health partnership approach positioning THET as an essential partner to NHS, academic and private sector institutions in the UK

By 2021 in Ethiopia we aim to have supported at least ten partnerships between UK and national institutions as well as identifying five opportunities for South-to-South partnerships.

3. Ensure financial security through diverse funding sources

We aim to have secured at least £200,000 of new funding per year of operation.



4. Create a people centred organisation, accountable and empowered

We will establish a formal THET presence in Ethiopia, either as an autonomous registered entity or under the framework of another NGO. We will have recruited the staff necessary to assist the NCD programme and to support health partnerships across the country.

5. Transparency and accuracy through robust evidence gathering

By 2021 we aim to have established a flourishing and formalised NCD programme in collaboration with our partners at Southampton University, Belfast University, Jimma and Gondar University Hospitals, the FMoH, and others. Advancements and expansions of the programme will be informed and driven through research and data collected by our partners.

We shall develop Terms of Reference for the group, a steering committee, and a website.



How we can support your programme

Strengthening the health workforce and the system they work within

Through our extensive network of expert health partners, we provide responsive solutions to health workforce training needs.

This includes expertise in pre-service and in-service training, health workforce policy and systems, and leadership and governance.

Programme set up and implementation

We support or lead the in-country delivery of programmes, including partnership liaison and oversight of activities including logistical and administrative support.

We facilitate the orientation of teams to the Ethiopian context and facilitate integration.

Monitoring, Evaluation & Research

Our team of experts can help monitor and evaluate in-country programmes and support the design and delivery of research to understand key aspects of the health partnership model.

Understanding and supporting national priorities

For partners who do not currently work in Ethiopia, we provide insight and advice as to national priorities and plans and connect you to key national and international organisations.

About THET

For over 25 years, THET has been supporting health workers both in the UK and overseas, improving patient care through targeted training programmes.

We work with diverse partners to build a world where everybody has access to affordable and quality healthcare.

In the past six years alone, THET has reached over 50,000 health workers across thirty-four countries in Africa, the Middle East and Asia.

THET has a staff presence in several countries. This grounds our work in a deep understanding of how best you can partner us to meet the needs of low and lower-middle income countries, working in partnership with Ministries of Health, the UK National Health Service, the private sector and like-minded NGOs.

[Visit our website to download THET Strategic Plan 2016-2021.](#)

This is the document we refer to as we contribute to the achievement of the Sustainable Development Goals. It shares our passion for the contribution health workers are making at home in the UK and in some of the poorest countries of the world.

'If there is mutual trust and willingness on both sides to learn from each other, a readiness to adapt and a readiness to try new things then good work will happen.'

Prof Sir Eldryd Parry, Founder of THET

THET ETHIOPIA

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